



# OCTOBER 26th TO 29th

Gourmet food, aged rums, and internationally renowned chefs against a tropical setting, conjure up a type of Caribbean heaven on earth... you can come to your senses, because it's real. St. Lucia's very first Food and Rum Festival is here. Sample the best rums from Cuba, Trinidad, Barbados, Guyana and Suriname among others, while you delight your senses with the finest cuisine from world-class chefs to star-studded performances by Third World, Arrow and jazz artist Monty Alexander.

## itinerary

FIND OUT DAY BY DAY WHAT TO DO

### THURSDAY 26th

- 4.00 - 6:30 pm Registration (Conference Room)
- 6.30 - 8.30 pm Sponsors Cocktail Party and Launch of Element 8 Rum (LeSport/Invited guests only)

Enjoy a St. Lucia night! Dinner Options:

- 6.30 - 9.30 pm Windjammer Beach BBQ
- 6.30 - 9.30 pm Ti Banane Caribbean Bistro & Bar
- 6.30 - 9.30 pm Ku De Ta Restaurant
- 6.30 - 9.30 pm Coal Pot Restaurant
- 6.30 - 9.30 pm The Edge Restaurant
- 9:00 pm **CONCERT MONTY ALEXANDER**

### FRIDAY 27th

- 9.30 am St. Lucia Boat Cruise and Lunch at Ladera Hotel with Chef Orlando
- 10.00 - 11.00 am Cooking Demo with Chef Bobo Begstrom (Demo Tent)
- 11.00 - 12.00 Demo non cooking with Virginia Burke (Kafé Kaiso)
- 12.00 - 12.30 Book Signing by Virginia Burke (Caribbean Shop)
- 12.00 - 1.00 pm Cooking Demo Bajan/French fusion by Chef Jason Inniss (Demo Tent)
- 1.00 - 2.00 pm Lecture by Ian Williams about Caribbean Rum (Kafé Kaiso)
- 2.00 - 3.00 pm Cooking Demo by Chef Paul Yellin (Demo Tent)
- 3.00 - 3.30 pm Book Signing by Chef Paul Yellin (Shop)
- 3.00 - 4.00 pm Chocolate & Rum Pairing by Chef Duane Dove (Kafé Kaiso)
- 4.00 - 5.00 pm Cooking Demo with Chef Kahlid Mohammed (Demo Tent)

Enjoy a St. Lucia night! Dinner Options:

- 6.30 - 9.30 pm Sandals Grande Resort with Andy Rose (Cuban)
- 6.30 - 9.30 pm Almond Morgan Bay Resort Cooking Demo Bajan/French fusion by Chef Jason Inniss (Demo Tent)
- 6.30 - 9.30 pm Ti Banane Restaurant with Kahlid Mohammed
- 6.30 - 9.30 pm Ku De Ta Restaurant with Robert Oliver Javanese

- 6.30 - 9.30 pm Coal Pot Restaurant with Chef Xavier Ribot (French)
- 6.30 - 9.30 pm The Edge Restaurant with Chef Bobo Bergstrom
- 6.30 - 9.30 pm The Buzz Restaurant with Chef Paul Yellin (Mount Gay)
- 9:00 pm **CONCERT THIRD WORLD**

### SATURDAY 28th

- 9.30 am Mount Gay Boat Cruise and Lunch at TiKaye Hotel with Chef P. Sandiford
- 10.00 - 11.00 am Cooking Demo by Chef Orlando (Demo Tent)
- 11.00 - 12.00 am Lecture by Ian Williams about Caribbean Rum (Kafé Kaiso)
- 12.00 - 1.00 pm Cooking Demo with Chef Andy Rose (Demo Tent)
- 1.00 - 2.00 pm Non-Cooking Demo with Chef Xavier Ribot (Kafé Kaiso)
- 2.00 - 3.00 pm Chocolate & Rum Pairing with Duane Dove (Kafé Kaiso)
- 3.00 - 4.00 pm Cooking Demo Home Grown with Robert Oliver (Demo Tent)
- 4.00 - 5.00 pm Demo with Virginia Burke (Demo Tent)
- 4.00 - 5.00 pm Book signing by Rosemary Parkinson & Virginia Burke

Enjoy a St. Lucia night! Dinner Options:

- 6.30 - 9.30 pm Chic Restaurant with Craig Jones
- 6.30 - 9.30 pm Sandals Grande Resort with Andy Rose (Cuban)
- 6.30 - 9.30 pm Almond Morgan Bay Resort with Jason Inniss (Bajan/French Fusion)
- 6.30 - 9.30 pm Ti Banane Restaurant with Kahlid Mohammed (Gourmet Creole)
- 6.30 - 9.30 pm Ku De Ta Restaurant with Robert Oliver Javanese
- 6.30 - 9.30 pm The Edge Restaurant with Chef Bobo Bergstrom
- 6.30 - 9.30 pm The Buzz Restaurant with Paul Yellin (Mount Gay)
- 9:00 pm **CONCERT ARROW**

### SUNDAY 29th

- 11.00 - 3.00pm Piper Heidsieck Champagne Brunch at Cocco Palm Hotel
- \* Have a chance to meet the featured chefs, bar tenders and sponsors.

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